



~ the health & beauty rooms newsletter

June 2010

June/July Newsletter

Hello clients, we have so much to pack into this month's Newsletter, so here goes. Our long awaited **Spray Tan** machine is finally here (yippee!), just in time for Summer. There will be an introductory discount on this treatment which is included in our **Special Offers** so book now to avoid disappointment.

Holiday season is upon us, so of course we have a few ideas of how to keep you and your bodies in tip-top condition. For those of you that love a pair of flip flops and bikini we have great special offers to suit you. We have special offers on **Pedicures** which are sure to leave you with a new-found spring in your step. This treatment works on the nails and cuticles to ensure they are neat and tidy, then the therapist will give you a foot massage which leaves your feet soft and hydrated, then finish off with either clear or painted nails. We are also offering a special add-on treatment for removal of hard skin on the feet - our feet have been all wrapped up in warm socks and boots throughout the winter and we think it's time to give them a special treat.

Body scrubs are fantastic for pre-holidays to help your tan last longer, or as a pre-fake bake spray tan treatment to ensure maximum life from your tan and leaving your skin feeling silky soft. We also have some pampering body wraps which are great for hydrating the whole body, or detoxifying and slimming treatments. These treatments last 75 minutes and all include a luxury scalp massage.

We would also like to introduce **Body Caci**, which has a toning and slimming effect on the body - great for pre-holiday or any other special occasion. You can have individual treatments, or for the best results, a course of 10 treatments over a short space of time is highly recommended for maximum results. For those of you that are already fans of the Caci treatments we would like to introduce a new treatment in the Caci range. This treatment is for the face and it costs just £10.00 as an add on to a Caci treatment, or £20.00 for a 20 minute treatment. It is called **Hydrotone** and it is specifically developed for individuals with busy lifestyles that are short of time and require a treatment that can quickly deliver effective results. The Hydrotone mask provides intensive skin hydration and face firming.

We would like to give a warm welcome to Olivia who has just joined our ever-growing team. She is a very passionate and experienced beauty therapist and we are proud to have her as part of our team. She really loves **Hot Stone Massage** and **Caci treatments** so she will fit right in.

As of the 1st of June we will be introducing a new two-tier price structure for our **Eyelash Extensions**. For a **New set of Lashes** with Suzie or Clair it will cost just £50.00, and for a 30 minute infill it will be £12.00, or 45 minutes will be £15.00. A **New set of Lashes** with Amber or Emma will be £70.00, and for a 30 minute infill it will be £13.00, or 45 minutes will be £16.00.

We are having a **Facial Day** on the 2nd of July between 1.00-7.00 pm. This is a 1 hour booking with a 45 minute consultation and skin analysis using a Woods Lamp to help us tailor your treatment. This is followed by a 45 minute facial. Our fully trained therapists will be able to answer any questions or concerns you may have with your skin. The cost is only £25.00 which is fully redeemable on the day with any purchase of 2 normal size Espa products. Please book early to avoid disappointment.

Please note: Amber is not included in any special offers.

Special Offers...

Buy three normal size products from our Espa or Dermalogica range and receive a **FREE 45 minute Facial** from either Espa or Dermalogica.

Espa Treatments.

Express Espa Facial. 25 mins
Available with Suzie, Megan, Olivia or Clair.
Special price £15.00
Usually £28.00

Espa Eye Treatment. 30 mins
Available with Megan
Special price £10.00
Usually £22.50



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Espa Body Wrap. 75 mins

Available with Megan.

Special price £38.00

Usually £55.00

Espa HolisticBack, Face and Scalp with Hot Stones

Available with Megan

Special price £48.00

Usually £70.00

Dermalogica Treatments

Dermalogica Express Facial – 25 mins

Available with Suzie, Megan, Olivia or Clair.

Special price £15.00

Usually £28.00

Relaxation Treatments

Full Body Aroma/Swedish Massage. 55 mins

Available with Olivia, Suzie, Megan or Clair.

Special price £20.00

Usually £30.00

Back, Neck and Shoulder

Available with Olivia, Suzie, Megan or Clair.

Special price £10.00

Usually £19.00

Hot Stone Back Massage. 40 mins

Available with Olivia, Suzie, Megan or Clair.

Special price £28.00

Usually £45.00

Full Body Hot Stone Massage. 1Hr and 10 mins

Available with Olivia, Suzie, Megan or Clair.

Special price £28.00

Usually £45.00

Manicures and Pedicures

Pedicure and Manicure. 1Hr and 25 mins

Available with Olivia, Suzie, Megan or Clair.

Special price £25.00

Usually £41.00

Add a Callus Peel Treatment (removing hard skin from your feet) to your Pedicure.

Special price £10.00

Usually £15.00

Caci

Course of Caci Face (Non-surgical Face Lift)

Available with Clair

Special price £200.00

Usually £380.00

Caci Body Treatment. 45 mins (Course of 10)

Available with Clair

Special price £160.00

Usually £300.00

Fake Bake Tanning

Spray Tan Treatment - full body

Available with all staff apart from Amber.

Special price £15.00

Usually £25.00

Please book now to avoid disappointment:

The Health & Beauty Rooms

4-5 Warwick Lanes, Warwick Street, Worthing, West Sussex BN11 3DP

Telephone: 01903 218555

Email: info@thehealthandbeautyrooms.co.uk

Don't forget – our Special Offers and much more are available online at

www.thehealthandbeautyrooms.co.uk