



## February/March Newsletter

Hello clients, where on earth did January go? Oh well, February is here and we have some brilliant Special Offers to pamper those January blues away.

We all know that Valentine's Day and Mother's Day are approaching fast but don't worry, we have a large range of gift boxes available. We have small ones for a friend, or something larger to spoil your loved ones. We also have gift vouchers for any specific amount, or they can be made out for particular treatments. The choice is yours.

As most of you are aware, Emma is expecting her baby, but she wants to reassure all of our clients that The Health & Beauty Rooms will be left in safe hands until her return. Many of you know that Emma is a qualified teacher in Beauty and Complementary Therapies and teaches at Northbrook College. She also spends a lot of time out of hours ensuring all her girls are performing their treatments to the highest standards. Any feedback is always very welcome - check out our online Customer Survey at [www.thehealthandbeautyrooms.co.uk/feedback.php](http://www.thehealthandbeautyrooms.co.uk/feedback.php).

We would like to congratulate Amber and Charley on their promotions to Head Therapist and Head Receptionist. They have both worked very hard as valued members of our staff and fully deserve their merits. Well done.

Please be advised that Emma and Amber are NOT included in the Special Offers apart from Lash Extensions.

### Special Offers...

#### Espa Treatments.

Please be advised that all Espa treatments have a massive 35% discount off normal prices when booked with Zoe. Hurry as spaces are limited!!!

All Espa Facial's. 55mins (Excluding advance)

*Available with Megan*

**Special price £34.50**

Usually £46.00

Deep cleansing back massage. 40mins

*Available with Megan*

**Special price £20.00**

Usually £30.00

Holistic total body care. 1Hr 40mins

*Available with Megan*

**Special price £45.00**

Usually £60.00

Aromatherapy face treatment for men. 55mins

*Available with Megan*

**Special price £26.00**

Usually £36.00

All Espa body wraps. 1Hr 15mins

*Available with Megan*

**Special price £35.00**

Usually £65.00

Salt and Oil scrub. 25mins

*Available with Megan*

**Special price £12.00**

Usually £26.00

#### Dermologica Treatments

All Dermologica Facial's. 55 mins

*Available with Suzie*

**Special price £28.00**

Usually £37.00

Dermologica Express Facial – 25 mins

*Available with Suzie*

**Special price £18.00**

Usually £25.00



~ the health & beauty rooms newsletter

### Lash Perfect

Full set of Lashes. 1Hr 15 mins

Available with Suzie

**Special price £35.00**

Usually £65.00

Please be advised that all lash infills will have a 20 percent discount when booked with Suzi. Limited availability, so don't delay!

### Relaxation Treatments

Indian Head Massage. 25 mins

Available with Zoe, Suzie and Megan

**Special price £13.00**

Usually £20.00

Swedish Full Body Massage. 55 mins

Available with Zoe, Suzie and Megan

**Special price £20.00**

Usually £30.00

Aromatherapy Massage. 55 mins

Available with Zoe, Suzie and Megan

**Special price £23.00**

Usually £33.00

Neck, Back and Shoulder Massage. 25 mins

Available with Zoe, Suzie and Megan

**Special price £10.00**

Usually £19.00

### Manicures and Pedicures

Manicure with Polish

Available with Zoe, Suzie and Megan

**Special price £14.00**

Usually £20.00

Pedicure with Polish

Available with Zoe, Suzie and Megan

**Special price £14.50**

Usually £21.00

### Caci

Caci Face (Non surgical face lift). 55mins

Available with Zoe

**Special price £30.00**

Usually £40.00

To claim your discounted treatments please ensure you mention this newsletter when booking or at reception when paying...

Please note that Gift Vouchers bought during the festive season for a specific treatment cannot be redeemed at the Special Offer prices on this Newsletter.

### The Health & Beauty Rooms

4-5 Warwick Lanes, Warwick Street, Worthing, West Sussex BN11 3DP

Tel: 01903 218555

Email: [info@thehealthandbeautyrooms.co.uk](mailto:info@thehealthandbeautyrooms.co.uk)

Don't forget – our Special Offers and much more are available online at  
[www.thehealthandbeautyrooms.co.uk](http://www.thehealthandbeautyrooms.co.uk)